



安讯教育与科技有限公司
Axon Consultancy Sdn Bhd

INTRODUCTION TO CARE GIVING FOR PARKINSON'S PATIENTS

TRAINING DETAILS

Duration : 1 Days

Training Hour : 9am to 5pm

RECOMMENDED PARTICIPANTS:

- Caregivers
- Housewives



Axon Consultancy Sdn. Bhd.

(Co Reg no: 201701042497)

2-2, Plaza Usahawan Genting Kelang, Jalan Danau Naiga,
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Course Overview:

This course is designed to equip caregivers with a comprehensive understanding of Parkinson's Disease and the skills needed to provide effective day-to-day care. Participants will learn to support both the physical and emotional well-being of patients, while also maintaining their own health and seeking community resources for ongoing support.

Course Description:

Parkinson's Disease is a progressive neurological disorder that affects movement, cognition, and emotional health. Caring for someone with Parkinson's requires patience, empathy, and specialized knowledge. This course provides caregivers—both family members and professional aides—with practical tools to manage daily routines, provide emotional support, recognize disease progression, and protect their own well-being. Participants will also be introduced to support networks and community resources available to caregivers and patients.



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Course Objectives:

By the end of this course, participants will be able to:

- Understand the symptoms, causes, and progression of Parkinson's Disease
- Apply practical caregiving strategies to manage daily living activities and promote safety.
- Offer emotional and social support tailored to the needs of Parkinson's patients.
- Implement self-care practices to reduce caregiver burnout and stress.
- Access community resources and build support networks to sustain long-term care.

Training hours: 3 Days
Duration: 3 Days Training



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Course Outline:

1. Understanding Parkinson's Disease

- Overview of Parkinson's Disease: causes and symptoms
- Stages of disease progression
- Effects on motor and non-motor functions
- Common challenges faced by patients and families

2. Daily Care Management

- Assisting with mobility, hygiene, and daily routines
- Medication management and monitoring side effects
- Creating a safe home environment
- Supporting speech and swallowing functions

3. Emotional Support

- Recognizing emotional and psychological impacts of Parkinson's
- Techniques for providing encouragement and motivation
- Managing mood swings, anxiety, and depression
- Promoting meaningful social interactions



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4. Food and Beverage Considerations

- Safe food options and dietary restrictions during pregnancy
- Customizing menus and room service offerings
- Preventing exposure to allergens and harmful substances

5. Emergency Preparedness

- Recognizing signs of pregnancy emergencies (e.g., premature labor, fainting)
- Establishing clear action protocols
- Coordinating with local medical facilities

6. Staff Communication and Sensitivity Training

- Using empathetic and respectful language
- Ensuring cross-departmental cooperation
- Role-playing scenarios to enhance staff confidence



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Master Jin graduated from Hei Long Jiang University as a Traditional Chinese Practitioner majoring in Internal medicine and O&G treatment. She has 10 years clinical experience as a TCM practitioner, in Gynaecology and Pediatrics. Her profile includes:

- Certified Postpartum Care Instructor, by Jabatan Pembangunan Kemahiran
- Bureau head of Postpartum Care Division - the Malaysia Professional Skill Development Association
- 10 Years of Experience as Postpartum Care Instructors
- International Massage Infant Association Instructor
- Developed and Curated Professional Confinement Course in Malaysia, in collaboration with Kuala Lumpur Traditional Chinese Medicine Institute
- Trained more than 300 confinement nannies

- Consulted several confinement centers on their setup & operations
- Finalist of 2018 Top 100 Biz Race
- 2020 Become a Lincoln University Appointed Postnatal Care Industry Trainer 2020
- 2022 Become the President of the Malaysian Postnatal Care Association (MADAM)
- Featured and interviewed in:
 - Astro TV program "Women's Good Health" in Feb 2016
 - Astro TV program "Health 123" in Apr 2017
 - The Edge Media in 2018
 - Astro TV program "People's Doctor" in June 2019
 - TV2 program "Frontline Window" in Sep 2019
 - 2021 《Global Fortune》 Issue The Future of Visiting Vocational Education



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