

Safe Handling of Forklift Truck

TRAINING DETAILS

Duration: 1 Days

Training Hour: 9am to 5pm

Catergory: Competency Training

Level: Intermediate



Recommended Participants:

 Forklift drivers, contractors, general workers, and individuals required or interested in operating forklifts safely and effectivel.





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Course Overview:

This one-day competency-based programme is designed to equip participants with the essential knowledge and practical skills to operate forklifts safely and responsibly. Through a combination of theory and hands-on practice, participants will learn how to prevent accidents, conduct systematic inspections, and apply safe handling techniques in daily operations.

The course emphasizes cultivating a safety-first mindset, understanding operator responsibilities, and complying with industry standards to reduce risks, protect assets, and enhance workplace safety.

Key Benefits:

Improve safety awareness and accident prevention.

- Gain practical skills in forklift inspection and safe handling.
- Understand how handling conditions affect forklift stability.
- Develop responsible operator behaviour that contributes to cost savings and operational efficiency

Course Objective

By the end of this training, participants will be able to:

- Identify causes and effects of forklift-related accidents.
- Conduct daily safety, performance, and maintenance inspections.
- Operate a forklift safely and responsibly.





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Training Methodology

- Interactive lectures (theory).
- Practical demonstrations and hands-on forklift operation.
- Group discussions and experience sharing.

Entry Requirements

- Workers with experience but without a forklift license.
- Workers with certificates/licenses but no practical driving experience.
- Workers with no prior experience or knowledge but required to operate forklifts.
- · Individuals interested in learning forklift operation and safety handling.

Training Outcomes

Participants will:

- Gain awareness of accident root causes.
- Understand forklift handling techniques for safer operations.
- Recognize how handling conditions affect forklift stability.
- Develop responsibility-driven behavior: "Safety is MY Responsibility."
- Contribute to reducing accidents, operational costs, and asset loss





Course Outline:

Module 1: Mind-set Change

Description:

To instill awareness on the importance of safety culture and human behavior in accident prevention.

Key Topics:

- Industry accident & fatality statistics.
- Human and financial costs of accidents.
- Behavioral change: "Think Safety First."

Module 2: Carry Out Forklift Inspection Description:

To equip participants with skills for systematic forklift inspection and fault identification.

Key Topics:

- Systematic inspection steps.
- Operator's responsibilities in equipment management.
- Importance of documentation & record keeping.

Module 3: Forklift Safety Handling Description:

To train participants on safe forklift operation techniques and hazard prevention.

Key Topics:

- Concept of Safety Handling.
- Safe loading & unloading practices.
- Safety-first mindset in daily operations.
- Practical safety handling techniques.





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Trainer Portfolio: Mr. Shahrizan Bin Mohd Jalil HRDC Accredited Trainer | Forklift & Safety Specialist | EHS Professional

With over 22 years of experience in the retail, manufacturing, and industrial sectors, Shahrizan is a seasoned trainer specializing in Forklift Safety Handling, Permit-to-Work (PTW), and Occupational Safety & Health (OSH) compliance. His expertise spans both technical and managerial training, having successfully trained over 1,000 participants across industries in Johor and beyond. He combines deep industry knowledge with hands-on training delivery that emphasizes compliance, safety, and operational excellence

Professional Qualifications

- Train the Trainer (NIOSH & SMART SYSTEM)
- Certified in Forklift Operator's & Safety Training (MSOSH, UMW, NIOSH)
- Registered OYK AGTES & OYK SSS with DOSH
- Certified Environmental Professional (Scrubber & Bag Filter Operations)
- Site Safety Supervisor (NIOSH)
- Various certifications in scaffolding, chemical safety, rigging & slinging, elevated work platforms, ISO standards auditing, and more

Core Training Expertise

- Forklift Safety Handling & Certification
- Permit-to-Work (PTW) Training
- Occupational Safety & Health Act (OSHA 1994)
 Compliance
- Confined Space Safety (AGTES, AESP, CePSO, CePBFO)
- Emergency Response & Fire Safety (PKK, SCBA, First Aid, CPR)
- Safety Audits, Risk Assessment & Incident Investigation
- Retail & Manufacturing Operations Training

Stock Control & Management
Profit & Loss Margin Training
Supervision & Leadership Development







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