



安讯教育与科技有限公司
Axon Consultancy Sdn Bhd



FOUNDATIONS OF MODERN LEADERSHIP



Axon Consultancy Sdn. Bhd.

(Co Reg no: 201701042497)

2-2, Plaza Usahawan Genting Kelang, Jalan Danau Naiga,
Taman Danau Saujana, 53300 Kuala Lumpur
jack@axonconsultancy.com | +6012 6159229



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AN OVERVIEW

In a rapidly changing world, leadership is no longer defined by authority—it is defined by influence, agility, and the ability to bring out the best in others. **Foundations of Modern Leadership** is a dynamic, experience-driven program designed to shape managers and emerging leaders into confident, people-centric, high-impact leaders.

Whether you're stepping into leadership for the first time or looking to elevate your existing skills, this program empowers you with the mindset, tools, and techniques to thrive in today's workplace. Blending psychology, coaching principles, and real-world application, participants walk away ready to lead teams that are engaged, resilient, and future-ready.

Who Should Attend

This course is ideal for:

- Newly appointed managers and team leaders
- Experienced managers seeking to refresh or modernise their approach
- High-potential employees preparing for future leadership roles



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TRAINING METHODOLOGY

- **Leadership Style Assessments** – Psychometric insights for self-awareness
- **Role-Playing Scenarios** – Practising coaching, feedback, and conflict management
- **Group Coaching Circles** – Co-creating solutions for real leadership challenges
- **Action Learning Projects** – Applying concepts directly to workplace issues
- **Video Case Studies** – Observing and analysing real leadership behaviour

DURATION

- 1 day

COURSE OBJECTIVE

By the end of this programme, participants will be able to:

- Identify their personal leadership style and adapt it to different individuals and situations
- Develop and communicate a clear, compelling vision to align and motivate their team
- Apply coaching and feedback techniques that encourage growth and accountability
- Build psychologically safe, high-performing teams grounded in trust and collaboration
- Lead people effectively through change, uncertainty, and evolving business needs



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Course Content

Module 1: Defining Your Leadership Style

Leadership vs. management

Self-assessment of natural leadership tendencies

Situational leadership: Adapting style effectively

Module 2: Vision, Strategy & Alignment

Crafting an inspiring team vision

Translating vision into clear goals and strategy

Gaining buy-in and aligning team members

Module 3: Leader as Coach & Motivator

Foundations of coaching and constructive feedback

Understanding what motivates individuals and teams

Workshop: Conducting a difficult conversation

Module 4: Leading High-Performing Teams

Delegation, empowerment, and accountability

Creating psychological safety and trust

Managing team dynamics and resolving conflict

Module 5: Leading Through Change & Uncertainty

Communicating clearly during transitions

Building resilience (self and team)

Developing a personal leadership action plan



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Trainer Portfolio: Dr Thilagavathy Subramaniam

HRDC Accredited Trainer | Corporate Educator | Risk & Resilience Specialist | Leadership & Personal Growth Coach

Dr. Thilagavathy Subramaniam is a dynamic HRDF Certified Trainer, PhD researcher, and accomplished corporate leader with over 20 years of cross-industry experience. A seasoned professional with a rare blend of technical expertise, strategic insight, and motivational energy, she has worked with leading multinationals including **Micron, Motorola Solutions, Western Digital, and Kerry Ingredients.**

Her professional portfolio spans **Risk Management, Quality Systems, Compliance, and Organizational Resilience**, while her passion lies in **empowering individuals and teams** through impactful, practical, and purpose-driven learning. Beyond the corporate arena, she inspires **students, professionals, and parents** through motivational talks, coaching, and workshops across Malaysia. Fluent in **English, Malay, and Tamil**, Dr. Thilagavathy connects with diverse audiences, creating inclusive, engaging, and transformative learning experiences.

Areas of Expertise

- Leadership & Management
- Operations & Quality Management
- Risk Management & Business Continuity
- ISO Systems, Compliance & Internal Auditing
- Corporate Communication & PR
- Mental Health & Counseling Awareness
- Adult Learning & Train-the-Trainer
- E-Learning & Online Education
- Personal Finance & Wealth Empowerment

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